

# Volunteer FAQs

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**What will we do?** Fun, meaningful activities happen on the farm every day. You bond with nature, meet awesome friends, learn about plants, play in the dirt, get up close and personal with bugs. We also work!

- Shoveling soil into wheelbarrows, transporting it across field, dumping it
- Constructing trellis and support systems
- Watering, transplanting seedlings, raking leaf mulch into compost
- Weeding, harvesting

**Do I have to do any paperwork when I get there?** Yes. Please sign in! Tracking volunteer hours helps us get to know you and helps with fundraising. Of course, there's a waiver for you to sign also!

## What should I bring?

- **Water Bottle**— in the interest of sustainability, we do not provide disposable cups or plastic water bottles.
- **Sun and rain protection** – eye protection if you will be using power tools
- **Gardening / work gloves**
- **Protective shoes** – Due to the potential for foot injuries while using farm tools it is imperative that proper footwear is worn. Wearing sandals or open toe shoes is not permitted while actively working on the farm. We don't want to put the toe in tomatoes!
- **Inhaler or EpiPen** – If you have a medical condition such as asthma or anaphylaxis and please tell an RCF representative of your condition before working in the field.
- **Optional:** a snack for yourself; a camera if you love taking pictures

**Do not bring valuables** (*Your wallet, cell phone, camera, etc. should be stored and locked in your vehicle*)

**What should I wear?** Clothes you don't mind getting dirtier! Also, layer up!

## SCHEDULING

**Do I need to RSVP?** If you see any open 'workdays' promoted on our website, there is no need to RSVP! Example: Wine & Weed Wednesdays.

**How do I schedule a large group to come out for a workday?** We would love to have you! There is no minimum or maximum group size, however to accommodate planned farm operations, please schedule with us in advance by sending an email to [info@raleighcityfarm.org](mailto:info@raleighcityfarm.org).

## KIDS

**Can kids come?** Kids under 15 are welcome with parental supervision, all others are welcome to come and work on the farm. Parents of all kids under 18 must sign a waiver.

**What are the "Ground Rules" for kids?** Farming is so fun and kids get excited. We want them to stay safe, so jumping over the raised beds and walking on cement blocks are not allowed. Climbing on the compost pile, soil mound, raised beds, compost bins, or wood chip pile is also prohibited. Parents are to supervise their children's activities while on the farm.

## WEATHER & LOCATION

**What if bad weather is predicted?** We watch the weather and will cancel workdays by noon the day before the workday through Facebook. If you are the leader of a large group that's been scheduled, we'll notify you directly through email.

**Where is the farm?** FARM LOCATION for GPS: 800 N Blount St. 27604 (Corner of Franklin and Blount Streets)

## PARKING

Parking is **limited** to street parking. There is a small parking lot in front of the shopping center next to us, but to be fair to our neighbors who run the businesses, we need to leave room for their customers. Consider carpooling, walking or riding your bike. We have new bike racks!